

*Growing
in Spirit,
Community,
and Service*

Mass Times
Sunday Eucharist
Saturday Vigil: 5 pm
Sunday: 8:30 am, 10 am
and 12 noon

Weekday Eucharist
Monday to Friday: 9 am:

**Sacrament of
Reconciliation**
Saturday: 9 to 10 am

**Ministry Centre
Hours**
Sunday:
9:30 am to 2:30 pm
**Monday, Tuesday,
Wednesday, Friday:**
9:30 am to 4 pm
Thursday: Closed
Saturday:
3 pm to 7 pm

**1300 Leslie Street,
Toronto, ON M3C 2K9**
Tel: 416.447.5571
Fax: 416.447.4082

www.st-bonaventure.ca

*Third Sunday in Ordinary Time
January 25, 2026*

Bonnie News

Franciscan Church of St. Bonaventure



Impression, Sunrise (1872), Claude Monet (1840-1926). Oil on canvas.
Musée Marmottan Monet, Paris. Public Domain. Source: [wikicommons](https://commons.wikimedia.org)

XXVII Dominus illuminatio by Malcolm Guite

Oh let me see with his eyes from now on
Whose gaze on beauty makes it beautiful,
Who looks us into love and looks upon

His whole creation with a merciful
And loving eye. My heart has said of him
Seek out his face, I've sensed his bountiful

Presence shimmering behind the dim
Veil of things. That presence calls to me
Calls me to tremble at the brink and rim

Of lived experience, and then to free
Myself of fear, to trust him, and to dive
Right off that brink, into his mystery

Into that deep and holy sea of love
In which the living worlds all float and swim
To dare each moment's death, that I might live.

LITURGY & SACRAMENTS

THIS WEEK'S MASS SCHEDULE

Monday, January 26	9 AM	Intention of Virginia N Panes
Tuesday, January 27	9 AM	Intentions of Marie Therese & Vocations
Wednesday, January 28	9 AM	† Margaret King
Thursday, January 29	9 AM	† Willi Notarius
Friday, January 30	9 AM	Intention of Ann Fellin - Healing Vocations † Louis & Marie Fong † Peter Prenga † Ndoke Grishi † Joyce de Gannes
Saturday, January 31	5 PM	† Subodhini Verasuntharam
Sunday, February 1	8:30 AM	† Madeline Contway Raino
	10 AM	Parishioners
	12 PM	† Madeline Raino
Sanctuary Lamps	Bl. Sac.	For the Sick of the Parish
	Bl. Sac.	† Pope Connick
	Our Lady	Intention of Griffin Brennan - Healing

HOLY COMMUNION FOR THE HOMEBOUND



If a parishioner is unable to attend Sunday Mass due to serious illness, recovery from surgery, or frailty in old age, then Extraordinary Ministers of Communion to the Homebound (specifically trained for this ministry) will bring the Eucharist to them. If you or someone you know might benefit from this ministry, please contact us by e-mail at homebound@st-bonaventure.ca or call Mary Catherine directly at 416-303-0269.

LITURGY OF THE WORD WITH CHILDREN

All children aged 4-9 are invited to participate in this parallel, age-appropriate celebration of the Liturgy of the Word during Sunday Mass. A parent is welcome to accompany a child who is too shy to participate on their own.

FAITH & PRAYER



In our charity we remember those who are ill and all who have requested a remembrance in our prayers.

We commend to the Lord the members of our parish who died recently:

+ James Durbano, + Joyce Chong, + Ann O'Leary, + Michael Price, + Theresa Duffy, + Rev. Sal Badali, and + Nabor Sequeira.

GROWING IN *Spirit, Community, and Service*

PRAYER NETWORK REQUESTS

The Prayer Network is a group of parishioners who pray daily for all the prayer requests received by the Network. Nearly 45 parishioners are members of this group which began 1994. All prayer requests are kept in confidence, and no names are included when requests are passed onto the Network. Please contact **Teresa Krijgsman** at **416-709-8150** with your prayer intention or if you would like to become a member of the Prayer Network.



SACRAMENT OF ANOINTING OF THE SICK - FEBRUARY 7 AND 8, 2026

The ministry of Jesus to the sick is central to the life of the Church. February 11 (Memorial of Our Lady of Lourdes) highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great effort of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease.

The Sacrament of Anointing of the Sick will be celebrated after the 5 p.m. Mass on Saturday, February 7 and after the 12 noon Mass on Sunday, February 8 for: those who are experiencing serious illness, were involved in a serious accident, or who are suffering from chronic infirmity or mental illness; those anticipating surgery or major medical tests; and any elderly person, especially when frailty is pronounced.

HELPING OTHERS

SOCIETY OF ST. VINCENT DE PAUL: MOVED BY MERCY, SERVING IN HOPE



Are you called to become a Vincentian?

We can harm or heal those around us in so many ways. It does not need to be a miracle! A greeting, a look, a smile, a touch can bring the peace of Christ to someone in desperate need of reassurance - and no less can they harm and wound. ~HW

The Society of St. Vincent de Paul provides material assistance to those in need. We meet people where they are, listening without judgement, being present, respectful and encouraging.

We need more committed members to volunteer: to help with collecting donations after Mass, to expand our outreach within our parish boundaries, especially to young and expectant mothers, to help with the various duties of running a viable charitable organization. Perhaps you have some time, some expertise, some special gift to share?



We are inviting people into a vocational experience, persons moved by the Gospel. One member, Domenica, said this, "The work of SSVP fills my cup in a world that empties it."

Online and one-to-one orientation and training are provided. A vulnerable sector check is necessary for full membership. For more information, please email Jack or Judy at john.cole@sympatico.ca.

Contact us at [416-447-5571](tel:416-447-5571), ext. 570. Thank you for your continuing prayers, support and generosity. New members warmly welcomed. Vincentians stand with two St. Vincent de Paul boxes after weekend masses. You may also donate through Canada Helps: <https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-st-bonaventure-conference/>

"For myself, I became a Vincentian because I wanted to make a difference and help people in need. The reason I stay involved is that my spiritual relationship with God has become stronger while being a Vincentian and I want that relationship with God to continue to become stronger; and I also want to continue being part of helping people in need and giving back to my community. I believe that I will continue to be a Vincentian for as long as I am physically able to do so" ~Unknown

GROWING IN *Spirit, Community, and Service*

CASSEROLE FOR THE GOOD SHEPHERD

As the cold days settle in, many who come to the Good Shepherd rely on a hot meal for survival. Some live on the streets and depend on the kindness of others. St. Bonaventure has long supported this mission by sending casseroles and volunteers to serve these meals—but we need your help.

Could you make a casserole once a month, or even every two months? Each one makes a big difference. We need **65 casseroles** to provide one full meal each month. This is true community outreach: prepare a casserole at home, freeze it, and bring it to the Ministry Centre. No one who receives this meal will know you—but what a blessing to help feed the poor.

Last day to bring casseroles for January: Monday, January 26. Pans are available at the back of the church. Thank you to all who already contribute to the Mission of Mercy!

ST. BONAVENTURE CATHOLIC WOMEN'S LEAGUE (CWL)



Theme of the Month!

January: New Year, New Beginnings

1. Donate warm clothing and blankets to a homeless shelter. Include a prayer card and rosary.
2. Host an ecumenical service and invite different faith community members.

The Catholic Women's League incorporates a “**theme a month**” model to help councils live out the national focus “*Blessed are the Poor*” throughout the year. Each month features a specific set of suggested actions rooted in the League’s three pillars—**faith, service, and social justice**—encouraging councils to engage in meaningful, practical initiatives that align with the national mission while still allowing flexibility for local needs and creativity.

Mark your calendar: Our first general meeting of 2026 will be held virtually on **Thursday, January 22 at 7pm**. We'll recap the Jubilee Year and introduce the new national theme. (No dress code required - PJs are perfectly welcome on zoom!) We know life is busy, and not everyone can attend meetings. But even if you can't be present; your membership still makes a meaningful impact. **Annual membership fee: \$40.**

For more information about the League please contact us - we'd be delighted to hear from you:

Celine Massaroni - **President:** Cell 416-998-9321 email cmassaroni10@sympatico.ca. Waveney Duarte - **Past president:** Home 416-444- 6719 Cell 416 806 6719 email waveneyduarte@rogers.com. Tracy MacInnis - **Secretary:** Cell 647-973-7645 email t.macinnis60@gmail.com. Barbara Reed-Tassone - **VP:** Cell 416-453-3342.

UPCOMING EVENTS

EUCARISTIC ADORATION & BENEDICTION - MONDAY, FEBRUARY 2 FROM 12:30 - 2:00PM

Our first Monday of the month prayer before the Blessed Sacrament. Please join us along with one grade of students from St. Bonaventure School for Eucharistic Adoration and Benediction of the Blessed Sacrament.

12:30 Exposition of the Blessed Sacrament, hymn, incensation, greeting and opening prayer
12:35 Scripture reading
12:40 Reflection on the Scripture reading
12:45 Intercessions concluded with the Lord's Prayer
12:50 Children head back to school
Adoration continues with others who are present. This is open to all. A particular invitation is extended to the children's parents, grandparents, and godparents.
1:00 Sacrament of Reconciliation will be available in the Mary Chapel from 1:00 pm to 2:00 pm.
2:00 Benediction with the Blessed Sacrament (hymn and incensation) followed by reposition.



MARRIAGE SUNDAY IN THE ARCHDIOCESE OF TORONTO, FEBRUARY 7/8, 2026

Bishop John Boissonneau will preside at a special Mass to honour married couples, with special recognition for those celebrating 25th, 40th, 50th, 60th and 60+ wedding anniversaries in 2026. The Mass will take place at 2:30 p.m. on Sunday February 8, 2026, at St. Michael's Cathedral Basilica (65 Bond St., Toronto). All married couples will have the opportunity to renew their marriage commitment during the Mass. All are welcome to attend. Reserved seating is available for couples celebrating a 25th, 40th, 50th, 60th or 60+ anniversary in 2026. Reserved seating is limited, so please register early. All other seating is on a first-come, first-served basis. Those who are unable to attend the Cathedral are invited to join the celebration via livestream Mass <https://www.stmichaelscathedral.com/live/>. The broadcast will begin at 2:15 p.m. Registration and other information can be found at www.archtoronto.org/marriage. For questions, please e-mail formation@archtoronto.org or call 416-934-3400 Ext. 523

NEWS FROM THE KNIGHTS OF COLUMBUS

Silver Rose Program - Our Lady of Guadalupe

The Silver Rose, a symbol of prayer, unity, and respect for life, will be visiting St. Bonaventure Parish from February 15 to February 17.

During this time, parishioners are invited to come and spend time in prayer before Our Lady of Guadalupe, Patroness of the Unborn and of the Americas.

Special Rosary Prayer Evening

Date: Friday, February 16

Time: 7:00 PM

Location: St. Bonaventure Parish

This rosary-centered prayer service is an opportunity to pray for respect for life, the spiritual renewal of our communities, and the intentions of families.

All are warmly invited to attend.

Pancake Breakfast

The Knights of Columbus - St. Francis Council 5080 invite the parish community to our Annual Pancake Breakfast on Sunday, February 15, from 9:30 a.m. to 2:00 p.m., at the St. Bonaventure Parish Hall.

Enjoy a delicious breakfast of pancakes, sausages, fruit, and coffee/tea.

 **Tickets:** \$10 Adults | \$5 Children (4-12)

 Tickets available after all Masses, at the Parish Office, and on the day of the event.

 **E-Transfers accepted:** send to koc5080treasurer@outlook.com

(E-transfer tickets will be collected at the entrance on event day.)

 **50/50 Draw** during the event.

 Please consider donating cans of tuna in support of the local food bank.

Bring your family and friends and support this great parish tradition!

Volunteers Welcome - Knights of Columbus

The Knights of Columbus - St. Francis Council 5080 warmly welcome men and women of our parish who feel called to serve and support our parish and community.

You do not need to be a Knight to volunteer. Whether you can help occasionally or more regularly, your time and talents are truly appreciated, and there is a place for everyone to help.

If you are interested or would like more information, please contact us at:  GK5080@ontariokofc.ca

Please note that, in accordance with the Knight of Columbus requirements, all volunteers are required to complete a police background check.

Thank you for your generosity and for helping us build a stronger, more caring parish community.

MINISTRY WITH MATURING ADULTS



Ministry With Maturing Adults with the Focus on Nurturing our spirituality in Body, Mind and Spirit in the Second Half of Life

We aim to provide you with helpful and relevant information from our own presentations and our partners in the community while meeting and enjoying our Tuesday morning gatherings (10 a.m. to 11:30 a.m.), usually twice monthly, September to June. We look forward to welcoming you and feel free to invite a friend!

Next Session:

Tuesday, January 27: No in Person Session, Exercise at Home

As many of us set New Year's resolutions to improve our health, incorporating gentle exercise is a great way for seniors to stay active and feel their best throughout the year.

Gentle exercise offers a safe and effective way to stay healthy by improving balance, flexibility, and muscle strength, which helps reduce the risk of falls and injuries. It also supports heart health, boosts mood, and enhances overall mobility, making daily activities easier and more enjoyable. Even light movement can increase energy levels and promote better sleep, contributing to a higher quality of life. Please review the following resources and be safe:

1. **Beginner Seated Workout to Improve Health**
Chair Exercises for Seniors <https://www.youtube.com/watch?v=txf6ZHQQqVs>
2. **Seated Full Body Workout**
Chair Workout for Seniors - Not Talking Just Music <https://www.youtube.com/watch?v=QyO2BLls0qw>
3. **Chair Exercises for Seniors**
10 Minute Cardio Workout - No Equipment <https://www.youtube.com/watch?v=u1F8c55fYkM>

Other resources to help you take care of your over health: "Ontario Health at Home" - covered by OHIP
<https://ontariohealthathome.ca>

February 10: Beating the Winter Blues! During this time of year, the effects of *grief* can leave us "frozen in our tracks." In these early months, the world *outside* of us much like the world *inside* of us can be frigid, colourless, silent and still. We often ask ourselves, "How can I manage what I am *feeling*?" "Is there actually *something* to look forward to?" "Will I *endure* until the spring arrives?" Hence in this seminar, Arcangelo explores the *signs* and *symbolism* of winter. Together, we note certain insights that can in fact, assist us through our seasonal journey.

Arcangelo Limanni is a registered psychotherapist working for Catholic Family Services of Toronto as the New Beginnings Program Promoter. In 2005 he began his studies at the University of St. Michael's College in Toronto and in 2016 obtained a master's degree in religious education. He graduated from the Master of Arts in Counselling Psychology at York University in 2024. He has a special passion for grievers and has personal experience in bereavement, separation/divorce and other unrecognized loss. Through his own experiences and outreach, Arcangelo approaches grief and loss through *enthusiasm, empathy* and *education*. He gives back to the grieving through support group facilitation, public speaking and community engagement.

If you would like more information, e-mail Ministry with Maturing Adults at: mma@st-bonaventure.ca

Save the Dates for the Winter Sessions:

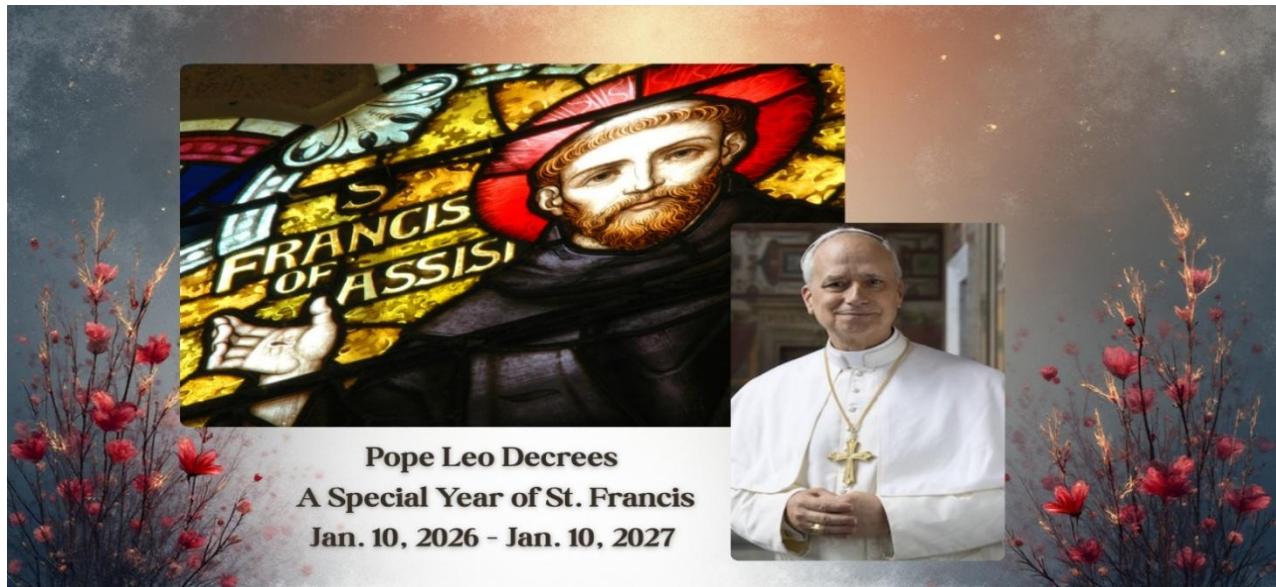
February 24: Church Tour, presented by Gregory Beath

March 10: Lenten Retreat, presented by Trena Finnegan

March 24: St. Francis and the Mystery of Salvation (Stigmata), Presented by Fr. Tom Reist

GROWING IN *Spirit, Community, and Service*

A YEAR OF GRACE IN THE FOOTSTEPS OF ST. FRANCIS: POPE LEO XIV GRANTS PLENARY INDULGENCE



**Pope Leo Decrees
A Special Year of St. Francis
Jan. 10, 2026 - Jan. 10, 2027**

The Pope presents this time as a gift for the entire Church, not just for the Franciscan Family, so that the 800th anniversary may become an occasion for authentic spiritual renewal. The decree mentions how St. Francis remains extraordinarily relevant even in our own era and invites everyone to “become saints in the contemporary world, following the example of the Seraphic Patriarch,” turning hope into real charity and a real commitment to peace.

The plenary indulgence is granted under the usual conditions: sacramental confession, Eucharistic communion, and prayer according to the intentions of the Holy Father, with a heart detached from sin. It may also be applied in suffrage for the souls in Purgatory.

It may be obtained by members of the Franciscan Family, ecclesial communities inspired by the charism of St. Francis, and all the faithful. During the Year of St. Francis, they need only make a pilgrimage to a Franciscan church or a place of worship dedicated to St. Francis, take part in the Jubilee rites or pause in prayer and meditation, and conclude with the Our Father, the Creed, and invocations to the Blessed Virgin Mary, St. Francis, St. Clare, and the Saints of the Franciscan Family.

Special consideration is given to the elderly, the sick, and those who are unable to leave their homes. They may gain the indulgence by spiritually joining in the celebrations and offering their sufferings and prayers to God. The Apostolic Penitentiary also invites priests to make themselves widely available for the Sacrament of Reconciliation, so that this time may truly be a time of mercy.

Thus, this Year of St. Francis presents itself as a time of favor, a grace offered to all, so that—as the Pope hopes - “feelings of Christian charity toward one’s neighbor and authentic desire for harmony and peace among peoples may be reborn in hearts. *Source: OFMConv.net*

In the weeks ahead, we will share additional details about parish events and the many opportunities to take part in this special year of grace.

CONTACT US

Ministry Centre (Office)

1300 Leslie Street
Toronto, ON M3C 2K9
Office: 416-447-5571

Pastor

Fr. Thomas Reist, OFM Conv.
Ext. 234
frtom@st-bonaventure.ca

Associate Pastor

Fr. Peter Knaapen, OFM Conv
Ext. 233
FrPeter@st-bonaventure.ca

Lay Pastoral Associate

Gregory Beath
Ext. 258
gregb@st-bonaventure.ca

Parish Manager

Connie Durante
Ext. 224
connie@st-bonaventure.ca

ARE YOU REGISTERED? IF NOT, ASK AN USHER
FOR A PARISH REGISTRATION FORM TO COMPLETE

Ministry for Maturing Adults

mma@st-bonaventure.ca

Administrative Assistant

Kathryn MacInnis
kathryn@st-bonaventure.ca

St. Clare Inn Office:

1320 Leslie Street, Suite 200
Toronto, ON M3C 2K9 416-690-0330
info@stclareinn.org

St Bonaventure School 416-393-5263

<https://www.tcdsb.org/SCHOOLS/STBONAVENTURE/>

Casseroles for the Good Shepherd Centre

416-447-5571 ext. 580

Society of St. Vincent de Paul

416-447-5571 ext. 570

St. Anthony of Padua Mission Aid

1320 Leslie Street, Suite 100
Toronto, ON M3C 2K9
416-690-9904 www.saintanthonyofpadua.net

REFLECTION

“Jesus went throughout Galilee... proclaiming the good news of the Kingdom...” ~Matthew 4:23

A single candle, placed in a darkened Winter window, will charm us. Picture it in your mind and then compare it to a room with powerful fluorescent lights. In the latter, every nook and cranny gets equal light, lots of it. There are no shades of grey. The wrinkles and imperfections of a human face want to run and hide because all their mess is made very obvious. Now think of a room lit by several candles. Somehow the better parts of each face are brought out and the flaws are left kindly in the background. Such lights pardon our imperfections and grant us a kind of glow. Jesus is that kind of light. Not a searchlight from which no flawed, fumbling thing can escape. He came as a simple candle, a forgiver of souls, a quiet lover of human faces.

There is a passage in the First Reading for Sunday that is quoted word for word in Sunday’s Gospel. “*The people who walked in darkness have seen a great light; upon those who dwelt in the land of gloom a light has shone.*” Here, Jesus is a great light after all. He is relief from the dark that we all walk in. He is divine brilliance.

But the Gospel has him ambling along by the Sea of Galilee like an ordinary person. Strolling. How can this illustrious beam of light be dim, like the rest of us? Some speculations: Maybe he is especially vital, the type that people are attracted to. Maybe he is someone you and I would automatically want to follow. After all, on Sunday we will hear about two sets of brothers who drop everything and go after him: Simon Peter and his brother Andrew, and then James and John—the sons of Zebedee, or “sons of thunder,” as Jesus will call them later. None of these men are fools. They would not follow just anyone. Jesus must have been a very appealing person. So, did they see him as a “great light”? Did they somehow acknowledge that grave darkness would be dispelled by him? They probably had heard from the Baptist that Jesus was “The Messiah,” the one that the Jews had been awaiting for such a long time.

Yet this Sunday we learn that Jesus’ light did not infringe on every precious cranny of people’s lives, as a searchlight might do. He was like a quiet glow, a candle in the window. His armies did not savage all in their path. His light was not a huge bolt of lightning. It was, impossibly, a quiet flicker that hurricane winds tried and tried to put out, but could not. Seen in this way, Christ’s light was indeed great, but in a new way, in an ordinary, diffused way. One that could suffer on our behalf.

~ Copyright © 2020, John B. Foley, SJ All rights reserved. Permission is hereby granted to reproduce for personal or parish use.

May the Lord bless you and keep you!