

Growing
in Spirit,
Community,
and Service

Mass Times Sunday Eucharist Saturday Vigil: 5 pm Sunday: 8:30 am, 10 am and 12 noon

Weekday Eucharist Monday to Friday: 9 am:

Sacrament of Reconciliation Saturday: 9 to 10 am

Ministry Centre
Hours
Sunday:
9:30 am to 2:30 pm
Monday, Tuesday,
Wednesday, Friday:
9:30 am to 4 pm
Thursday: Closed
Saturday:
3 pm to 7 pm

1300 Leslie Street, Toronto, ON M3C 2K9 Tel: 416.447.5571 Fax: 416.447.4082

https://stbonaventures do.archtoronto.org/

# **Bonnie News**

Franciscan Church of St. Bonaventure



Source unkown.

#### **Humility by Jessica Powers**

Humility is to be still under the weathers of God's will. It is to have no hurt surprise when morning's ruddy promise dies, when wind and drought destroy, or sweet spring rains apostatize in sleet, or when the mind and month remark a superfluity of dark. It is to have no troubled care for human weathers anywhere. And yet it is to take the good with the warm hands of gratitude. Humility is to have place deep in the secret of God's face where one can know, past all surmise, that God's great will alone is wise, where one is loved, where one can trust a strength not circumscribed by dust. It is to have a place to hide when all is hurricane outside.

Source: https://witnessestohope.org/2009/10/11/humility/

Please note: the Bonnie News will be produced bi-weekly during the summer months.

#### FROM THE PASTOR

#### BOARD OF EDUCATION AND LETTER FROM THE PASTOR

This notice is addressed to those who may be considering a position with the Toronto Catholic District School Board. The application package includes a letter from one's Pastor that attests to the candidate's practise of the faith and parish involvement. If you intend to submit an application, please arrange for a meeting with me well in advance. (One year would be about right.) This affords me the opportunity to know candidates more personally and to write a more informed letter.

#### INTENSELY HOT DAYS IN TORONTO

If COVID taught us anything, it empowered us to exercise prudently the dispensation from the obligation to attend Mass on Sunday when such attendance may endanger one's health. Our church is not air-conditioned. When the City of Toronto issues heat warnings and cautions us that the quality of air is poor, it might be prudent for vulnerable persons to remain indoors - even on a Sunday. There are ways of worshipping God at home in moments like these.

On a similar note, when the heat is intense, it may mean that the homily is shorter than usual, and that fewer verses of a hymn will be sung. We will rely on the City's weather warnings to guide our application of this variance.

#### LITURGY & SACRAMENTS

#### THIS WEEK'S MASS SCHEDULE

Monday, August 25	9 AM	† Zenaida Calungcagin
Tuesday, August 26	9 AM	† Victor Pappalardo
Wednesday, August 27	9 AM	† Mark Tierney
Thursday, August 28	9 AM	† Rose Gonzalez
Friday, August 29	9 AM	Intentions of Marla Zupan
		† Imelda Reyes Bustos
		† Jane Byrne
		† Zenaida Calungagin
		† Julie Costales
		† Maureen Dale
		† Ng Kit Wah
Saturday, August 30	5 PM	† Virginia Wong
Sunday, August 31	8:30 AM	† Joyce Brown
	10 AM	† Monique Popiel
	12 PM	The Parishioners
Sanctuary Lamps Bl. Sac.	† Mark Tierney	
Bl. Sac.	† Allan Rosario	
Our Lady	Intentions of Andrea Pimento	

#### NEXT WEEK'S MASS SCHEDULE

Monday, September 1	9 AM	† Peter Glowczewski
Tuesday, September 2	9 AM	† Lily F.W. Chiu

Wednesday, September 3	9 AM	† Marrieta Santos	
Thursday, September 4	9 AM	A special Intention	
Friday, September 5	9 AM	Vocations	
		Intentions of Marla Zupan	
		† Margaret Creedon O'Shea	
		† Igino Durante	
		† Catalina Garcia	
		† Sigmund Soudak	
Saturday, September 6	5 PM	Mr and Mrs Berube	
Sunday, September 7	8:30 AM	The Parishioners	
	10 AM	† Emma Clarke	
	12 PM	† Macario Gapo	
Sanctuary Lamps Bl. Sac.	† Angela B	† Angela Buchanan	
Bl. Sac.	† Ng Kit Wah		
Our Lady	Parishioners returning to schools, colleges, and universities		

#### HOLY COMMUNION TO THE HOMEBOUND

Our parish has an active Eucharistic Ministry to the Homebound. Our Eucharistic Ministers provide pastoral visits and bring Holy Communion to parishioners who are unable to attend church because of illness, disability or age. If you or someone you know might benefit from this ministry, please contact us at homebound@st-bonaventure.ca or at 416-447-5571 ext. 590 and let us know.

## SCRIPTURE SHARING GROUP AT ST. BONAVENTURE'S

The Scripture Sharing group meets every Wednesday from 7 p.m. to 8:30 p.m. in the Oak Room of the Parish Centre to prepare for the readings for the upcoming Sunday. Reflecting on the spirituality of the scriptures before Mass can have a great impact on hearing the Word proclaimed on Sunday. Participation via ZOOM is available. For more information, please contact Tom: tom.burns6727@gmail.com

#### LITURGY OF THE WORD WITH CHILDREN

Liturgy of the Word with Children will resume on **Sunday, September 21**st at the 10 am Mass. All children aged 4-9 are invited to participate in this parallel, age-appropriate celebration of the Liturgy of the Word during Sunday Mass. Prayer leaders will help the children engage with and understand the scripture readings in a manner suited to their developmental level. We are also seeking enthusiastic and dedicated volunteers to support this vital program! As a volunteer, you will help usher the children to and from the church, facilitate discussions and create a welcoming environment for the children. **Please contact Maria Martin at 437-993-8458 or pkmmcm@rogers.com if you are interested.** All volunteers will be required to complete a mandatory screening process.

#### CONFIRMATION AS AN ADULT

If you are a baptized adult Roman Catholic (18+) who has not been Confirmed, besides not having received the fullness of Sacramental Initiation, you will not be able to serve as a godparent at Baptism or as a sponsor at Confirmation when asked. In some Dioceses, you may have to delay Marriage until you are Confirmed. Let's help you to celebrate the Sacrament of Confirmation. We will provide a short preparation program for adult Catholics in the autumn. Please contact Greg at 416-447-5571 Ext. 258, to make an appointment **no later than September 14, 2025**. Be prepared to provide a copy of your baptismal certificate recently issued by the Roman Catholic parish where you were baptised. Note: this program is separate from our Confirmation preparation program for the parish's youth.

#### PREPARATION OF OLDER CHILDREN FOR BAPTISM

Are you the Catholic parent of a 7-year-old child or older who has not been baptized and would like to enquire about preparing your child for Baptism and you also live within our parish boundary? If so, please contact Greg at 416-447-5571, extension 258, for more information **no later than September 17.** 

#### Preparation for First Reconciliation and First Communion 2025-2026

Roman Catholic children may begin to prepare for celebrating their First Reconciliation (Confession) and First Communion (Eucharist) around the age of 7. If you are parishioners of St. Bonaventure Church and parents of a 7-year-old child or older (Grade 2+) who is baptised Roman Catholic, and you think he or she is ready to prepare for these Sacraments, then it will be important for you to attend one of the following **Parent Information Meetings**. You will learn about our parish's sacramental preparation program and how to register your child for this 2025-2026 season:

- Sunday, September 7 at 1 p.m. in the Main Hall of the Parish Centre OR
- Tuesday, September 9 at 7 p.m. in the Main Hall of the Parish Centre

  Please note the registration deadline this year: September 19, 2025

#### Preparation For Confirmation (Youth)

In the Archdiocese of Toronto, Roman Catholic children may begin to prepare to be Confirmed around 12 years of age and up (Grade 7+). If you are parishioners of St. Bonaventure Church, your child has been baptized or formally received into the Roman Catholic Church, and you feel your child is ready to begin to prepare for the Sacrament of Confirmation, then you and your child will need to attend one of the following information meetings about the Confirmation 2025-2026 program and how to register:

- Wednesday, September 24 at 7 p.m. in the Main Hall of the Parish Centre OR
- Sunday, September 28 at 1 p.m. in the Main Hall of the Parish Centre.

The young person requesting Confirmation and one parent are asked to attend one of these meetings. If your child has neither prepared for nor received Holy Communion previously, please contact Greg at the parish office as soon as possible: 416-445-5571 Ext. 258

#### PRAYER



In our charity we remember those who are ill and all who have requested a remembrance in our prayers. We commend to the Lord the members of our parish who died recently:

- + James Long, + Bernard Nottage, + Anna Szatmary, + Christopher Harris, + Blanca Graciela, + Martin Frank,
  - + Thelma Jonathan, + Jeanette Bertheau, + Edward Baker, + Joyce De Gannes, + Rochelle Labrador,
  - + Vinodh Loganadhan, + Barbara Makowicz, + Anne Clune, + Antonino (Tony) Cravero, + Frances Fong, + Mary Lou Gray, +Teresa Hui, and + Peter D'Brass.

#### PRAYER NETWORK REQUESTS

Network members pray daily for your prayer intentions which are held in confidence. New members are welcome! Please call Teresa Krijgsman at **416-709-8150** with your prayer intentions or if you would like to join the prayer network.

#### Pope's Prayer Intention for the Month of September

For our relationship with all of creation ~ Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

In 2015, Pope Francis declared September 1 as the World Day of Prayer for the Care of Creation.

#### **HELPING OTHERS**

#### VOLUNTEERS NEEDED!

The Community Share Food Bank is looking for volunteers. The Food Bank is located in the hall of the Church of the Ascension, 33 Overland Drive, North York M3C 2C3.

Volunteers are needed to serve our sisters and brothers with the distribution of food between 10:45 AM and 3:30 PM on Wednesdays. If it would be possible to do even one Wednesday a month, or more, that would be wonderful. Please contact the Food Bank at <a href="mailto:contact@communitysharefoodbank.ca">contact@communitysharefoodbank.ca</a> or via the website <a href="https://www.communitysharefoodbank.ca">www.communitysharefoodbank.ca</a> for more information and to volunteer.

#### Casseroles For The Good Shepherd Refuge

Thank you to all the cooks who made the July donation of casseroles a tremendous success. We, as a parish community, sent 90 casseroles to supplement the meals served to those in great need at the Good Shepherd. Many of you accepted the challenge to make a casserole. Your generosity is greatly appreciated. Those who benefit from your kindness live a challenging life everyday. The next drop-off deadling is August 25<sup>th</sup>.

#### SHARELIFE

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#### You support our community in countless ways through ShareLife

Learn more about the people you have helped at sharelife.org/impact. Thank you for living the Gospel by providing for those in need! Thus far we have raised \$72,987 or 67% toward our goal of \$109,000. Please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate.

#### St. Bonnie's Joyful Knitters



Do you like to knit or would you like to learn? Come and join us on Wednesday September 10, following the 9:00 a.m. Mass, in the Parish Hall, Francis Room. We meet every second Wednesday of each month. Coffee/Tea and a treat are provided for your enjoyment. All our knitted items are donated to various charities. Any questions, please email Ann Fellin (fellins@sympatico.ca)

# CWL INITIATIVE FOR 2025: SHARE THE WORDS



#### Outreach

"For it is in giving that we receive." Members of the Catholic Women's League strive to reach out to those in need. Won't you help us reach further? Come and join us.

#### Peace

The Catholic Women's League helps members grow in their relationship with God and with each other, a true peace. Find peace with us.

#### SOCIETY OF ST. VINCENT DE PAUL



"Lord, help us to recognize that you are always with us and to reach out for help when we're struggling. Send your grace into our hearts, that we might also serve others who are [in] need of your love and healing. Help us all to move toward the holiness and happiness for which you created us." ~ Bishop James Conley

Please assist Vincentians to lift the burdens of others, especially those who struggle to afford the basic necessities of life, and to refresh them with humble care and service. Your donations to our three poor boxes and through CanadaHelps do make a difference. Thank you! Online donations can be made securely through the following link:

https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-st-bonaventure-conference/

#### **UPCOMING EVENTS**

## MINISTRY WITH MATURING ADULTS



Ministry With Maturing Adults with the Focus on Nurturing our spirituality in Body, Mind and Spirit in the Second Half of Life

We aim to provide you with helpful and relevant information from our own presentations and our partners in the community while meeting and enjoying our Tuesday morning gatherings, usually twice monthly, September to June. We look forward to welcoming you and feel free to

invite a friend! If you would like more information, e-mail Trena Finnegan Coordinator Ministry With Maturing Adults: <a href="mailto:trena@st-bonaventure.ca">trena@st-bonaventure.ca</a> Wishing you a wonderful summer full of rest and relaxation!

#### Tuesday September 9<sup>th</sup> - 10:00AM to 11:30AM Main Hall Our Need for Spiritual Integration in the Second Half of Life

Of our many needs in life - purpose, love, growth, gratitude, forgiveness, service... - spirituality is not simply one more on the list; rather, it permeates and gives meaning to all we do. For our pilgrimage of life is, in its essence, a journey of spirituality, a path that enables us, have we but eyes to see, to encounter God within and without, everywhere we turn. By looking for the gift, the blessing, the presence of God in everything, we discover that our lives themselves are a sacred, holy way. We only need to appreciate the precious time we have to notice. Join us in this MMA session to ponder, wonder, snack(!), and converse about signposts that God has put in our lives, and to practise seeing how our current life journey can open up a fresh and deepened understanding of God's love and presence. Because we are called to do something, to be someone - right now; this is the time.

Presented by Sandra Nelson, parishioner, and inspired by Let This Be the Time, Janet Schaeffler, OP

# Tuesday September 23<sup>rd</sup> 10:00AM to 11:30AM Main Hall (Rescheduled from June) Ways to get Stronger and Healthier at Home

Getting stronger, building muscle and having more energy is possible for everybody. You don't need to go to a fitness centre or invest in expensive equipment. You can exercise when you want in the comfort of your own home. A chair, broomstick and some simple fitness equipment can help you kickstart your day or give you the mid-day break you need. In this talk, Deacon Michael Carrera, a professional fitness trainer and wellness coach will walk you through some practical home-based exercises and answer questions you may have.

Michael Carrera has a masters degree in exercise science and has authored and co-authored four books:

Periodization Strength Training for Sports (2nd ed.), The Catholic Workout book and DVD, Conditioning Young Athletes and Soul Winner. Soul Loser. A Remarkable Story of Finding Meaning in the Wisdom of the Day. Two of his books have been translated into multiple languages. Michael was recently ordained a Permanent Deacon for the Archdiocese of Toronto. He lives in Toronto, Canada, with his wife and four children.

Save the Dates: October 7<sup>th</sup> and October 21<sup>st</sup>

# SAVE THE DATE - 16TH ANNUAL LINDA'S WALK ~ SATURDAY, SEPTEMBER 27, 2025



16<sup>Th</sup> Annual Linda's Walk ~Saturday, September 27, 2025 Registration Opens at 9:30 am

Linda's Walk is a family-friendly 5K walk to help homeless women with mental health challenges rebuild their lives. For more information and for Registration, please check the website at: stclareinn.com



# THE CATHOLIC REGISTER - PICK UP YOUR FREE COPY AT THE BACK OF THE CHURCH

We invite you to pick up your free copy of The Catholic Register.

This Catholic publication is printed weekly and is now available for distribution at our parish.

# LABOUR DAY - MONDAY, SEPTEMBER 1, 2025

The office will be closed for Labour Day.

# THE ROSARY APOSTOLATE AT ST. BONAVENTURE SCHOOL ~ SHARE YOUR LOVE OF THE ROSARY



The Rosary Apostolate enjoyed another successful year teaching and praying the Rosary with students at St. Bonaventure school! In preparation for the upcoming school year, we are looking for more volunteers. If you have a devotion to Our Lady and her Rosary, please consider joining our Team!

We visit students in their classrooms one morning per month from October to May.

All training is provided! If you would like further information, please contact

Monica Testa-Zanin at 416-432-9439.

# SAVE THE DATE - CWL ANNUAL FLEA MARKET, SATURDAY OCTOBER 25

Items can be dropped off on Thursday & Friday, October 23 & 24 at the Parish Centre, Kitchen Door.

Come to shop on Saturday, October 25. More information to come!

#### BEYOND OVERWHELM BY THOMAS PRISTER

Dear Mr. Pfister: My wife and I are struggling in parenting our five children. We both work full-time, which means our children are in daycare for most of the day during the week. When they come home - which is when we seem to have the most trouble with their behavior - they're loud, energetic, and seem to want all of our attention. They also tend to act out and disobey our directions the moment after we give them. While we recognize they want and need our attention, we're both tired after a full day of work and feel as if our entire evening is spent combatting their negative behaviors. We desperately need to find some balance in our family so that everyone is able to receive what they need without the nightly battles.

Raising a large family in today's world is anything but easy - it's beautiful, but not easy. Many parents feel that difficult pull between providing for their family and taking care of themselves, and striking the perfect balance feels akin to running a marathon - each and every day. But while it is difficult, it isn't impossible, and there are many things we can do to find a better balance that provides for both ourselves as parents and our little gifts from God.

The first thing I would encourage you and your wife to change in your evening routine would be to provide it with structure in the form of family routines. This will have the double effect of providing your children with structure - which is psychologically very good for them - and you and your wife with a series of met expectations of behavior from your children. This is because they'll be looking forward to the family routine and spending that quality time with each of you.

A routine can fall into one of four different types of behaviors, depending on what is most needed by the family at the time. These behaviors fall into the categories of work, play, talk, and pray.

Work routines involve coming together as a team to complete a task, such as making dinner, but focusing on the time together as a family as opposed to the preparation of the meal itself. Play routines involve spending time together having fun, which can include anything from playing a board game to getting outside and throwing a baseball to going on a walk together. Talk routines focus on communication, such as checking in with our children at the dinner table about what's going well in their day. Lastly, prayer routines involve dedicated times of prayer together, such as praying the Rosary as a family at the end of the day.

And while it's hard to give that dedicated time after a full day of exhausting work, don't forget to ask God for the grace to be the father or mother He is calling you to be before you pick your children up at the end of the day. The 'boost' of grace that will come from your prayers will be exactly what you need to fulfill your most important job: spouse and parent.

Incorporating each of these routines, one at a time, into your evenings will help to alleviate the overwhelm you and your wife are presently feeling at the end of the day. They will also give your children both things to look forward to and provide them with the love and affection they're seeking, but in a way that is less overwhelming for you and your wife as parents who are seeking a healthy balance between work and home life. They're small changes that go a long way.

(Originally published in Messenger of St. Anthony (June 2024),

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#### **CONTACT US**

Ministry Centre (Office)

1300 Leslie Street Toronto, ON M3C 2K9 Office: 416-447-5571

**Pastor** 

Fr. Thomas Reist, OFM Conv.

frtom@st-bonaventure.ca

**Associate Pastor** 

Fr. Peter Knaapen, OFM Conv

Ext. 233

FrPeter@st-bonaventure.ca

Lay Pastoral Associate

Gregory Beath Ext. 258

gregb@st-bonaventure.ca

Parish Manager

Connie Durante

Ext. 224

connie@st-bonaventure.ca

Ministry for Maturing Adults

Trena Finnegan

Ext. 550

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<u>E YOU REGISTERED? IF NOT, ASK AN USHER</u>

<u>OR A PARISH REGISTRATION FORM TO COMPLI</u>

trena@st-bonaventure.ca

St. Clare Inn Office:

1320 Leslie Street, Suite 200

Toronto, ON M3C 2K9 416-690-0330

info@stclareinn.org

St Bonaventure School

1340 Leslie Street

Toronto, ON M3C 2K9 416-393-5263

https://www.tcdsb.org/SCHOOLS/STBONAVENTURE/

Casseroles for the Good Shepherd Centre

416-447-5571 ext. 580

Society of St. Vincent de Paul

416-447-5571 ext. 570

St. Anthony of Padua Mission Aid

1320 Leslie Street, Suite 100

Toronto, ON M3C 2K9

416-690-9904 www.saintanthonyofpadua.net

#### REFLECTION

"Strive to enter through the narrow door; for many, I tell you, will try to enter..." ~ Luke 13:24

God wants all to be saved, every nation and tongue to gather around him to share in his glory. The prophetic oracle read at the beginning of this Sunday's liturgy insistently reaffirms that such is the plan of God.

This divine "project" has had its realization in Jesus Christ, who died at Jerusalem in order to reunite all the scattered children of God and to welcome them to the banquet table in the kingdom.

And yet, says Jesus, the gate is "narrow" and many will throw themselves uselessly at a "locked" door.

Is there a contradiction between the affirmation of a salvation open to all and the recollection of the demands that effectively limit or even close off access to it? Certainly not. On the one hand, God's call that he addresses to all with unwearying patience has always been linked to the call to faithfully observe the clauses of the covenant, the Law of the Lord. On the other hand, the Gospel is very clear: in order to have a share in the kingdom, one must accept self-denial, the need to be confronted with ordeals, even to be put to death with Christ.

But these demands do not merely place obstacles on the road to the promised glory. We must affirm the opposite, since we have been taught that everything, through the love of God who is and always shows himself to be a loving Father, can and must become a source of peace and joy. For even by means of suffering and deaths that are not willed by God and not imposed for our correction, a way is mysteriously opened to life.

The mystery of universal salvation: what is impossible for us is actually done by God. The mystery celebrated in the Eucharist frees us from sin and leads us towards the banquet hall in the kingdom, while we even now share in the Lord's Supper.

From "Days of the Lord: The Liturgical Year" Vol. 6. Year C, Ordinary Time. (Collegeville: The Liturgical Press, 1991), p. 181.

May the Lord bless you and keep you!